



Elstow Abbey

Welcome to the abbey church of St. Mary and St. Helena,
Elstow, Bedfordshire

Regular worship at the Abbey

- 10.00am Holy Communion and Sunday school
4th Sunday Contemporary All Age Worship
- 11.30am BCP Mattins
- 6.30pm Evensong
4th Sunday BCP Holy Communion

Regular Weekday Activities at the Abbey

- Monday 10.00am Mothers and Toddlers (*term time only: Tuesday from September, see pew sheets for details*)
2.30pm Prayer Group
- Wednesday 11.00am Coffee and soup
- Thursday 11.00am Holy Communion
- Friday 8.00pm Bell Ringing
- Saturday 9.30am Iona Morning Prayer - Fr Paul Messam
10.00am Open Church to book Weddings, Baptisms and for general enquiries as well as for prayer.

Special Events August-September (And see weekly Pew sheets)

- August 29th Pilgrimage to Norwich Cathedral (Julian of Norwich)
- September 2nd Wedding Show and Open Day in the Abbey
- September 24th Harvest Festival following the launch of Pilgrims Praise